

# **Marriage 101**

## **“Back to the Basics”**

**Pastor Kempiz Hernandez**

# **Session 8: God's Beautiful Design of Loving Marital Intimacy**

# **Snapshot of where we've been...**

- A Warning: FLEE Sexual Immorality...**
- A Basic THEOLOGY of Marital Intimacy...**
- Practical HELPS for Marital Intimacy...**

# **Practical Helps for Marital Intimacy**

# **Practical Helps for Marital Intimacy**

## **A Survey of 1 Corinthians 7:1-6**

**“Now concerning the things about which you wrote, it is good for a man not to touch a woman. (2) But because of immoralities, each man is to have his own wife, and each woman is to have her own husband. (3) The husband must fulfill his duty to his wife, and likewise also the wife to her husband. (4) The wife does not have authority over her own body, but the husband does; and likewise also the husband does not have authority over his own body, but the wife does. (5) Stop depriving one another, except by agreement for a time, so that you may devote yourselves to prayer, and come together again so that Satan will not tempt you because of your lack of self-control. (6) But this [his “exception” statement] I say by way of concession, not of command.”**

# Practical Helps for Marital Intimacy

A Survey of 1 Corinthians 7:1-6

• Be Persuaded that Marriage & Marital Intimacy are  
**GOOD**

- (1) Now concerning the things about which I wrote, it is good for a man not to touch a woman.
- (2) But because of immoralities, each man is to have his own wife, and each woman is to have her own husband.”

# Practical Helps for Marital Intimacy

A Survey of 1 Corinthians 7:1-6

- **Be Faithful to your Loving Duty**

(3) The husband must fulfill his duty  
[“marital intimacy”] to his wife,  
and likewise also the wife to her husband.

# Practical Helps for Marital Intimacy

A Survey of 1 Corinthians 7:1-6

- Remember that your body belongs to God & to your spouse...

1 Cor 6:19-20, Or do you not know that your body is a temple of the Holy Spirit Who is in you [by Faith in Christ!], Whom you have from God, and that you are not your own? (20) For you have been bought with a price: therefore, glorify God in your body.

1 Corinthians 7:4, The wife does not have authority over her own body, but the husband does; and likewise also the husband does not have authority over his own body, but the wife does.



# Practical Helps for Marital Intimacy

A Survey of 1 Corinthians 7:1-6

## •Don't Neglect or Avoid Marital Intimacy

(5) “Stop depriving one another...”

Present Active Imperative/Command:

“A sinful PATTERN of preventing someone from a benefit...”  
In this case, that of withholding the benefit and blessing of  
marital intimacy.

Implication: “Pending” a Biblical or Loving Reason,  
it's Sin to have a HABIT of Neglecting or Avoiding Marital Intimacy.

# Practical Helps for Marital Intimacy

A Survey of 1 Corinthians 7:1-6

- **Exercise Mutual Sensitivity & be Mindful of unique “exceptions” and “seasons” in Marital Life...**

(5) “except by agreement for a time, so that you may devote yourselves to prayer...”

The sense here is “to be in MUTUAL harmony with one another, to be mutually on the same page,” for an agreed-upon, appointed time or season...

# **Practical Helps for Marital Intimacy**

**A Survey of 1 Corinthians 7:1-6**

- **Know the Risk of Neglecting Marital Intimacy**

**(5) “and come together again so that Satan will not tempt you because of your lack of self-control...”**

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